



The Little Grove

— LEARNING CO. —

WINTER NATURE GUIDE

Wonder in All Weather



NURTURING WONDER, CONNECTION & BELONGING
THROUGH NATURE-BASED LEARNING





Welcome



We're so glad you're here.

Winter invites us to slow down, to notice the small things and to find wonder in the quiet beauty of the season.

This guide is filled with simple nature-based experiences, thoughtful ideas and gentle invitations to help children connect, explore and thrive in all kinds of weather.

We hope it inspires meaningful moments outdoors and cosy memories at home.



Our promise

To nurture wonder, connection and belonging through nature-based learning.

With love,

Grace 

FOUNDER & QUALIFIED TEACHER





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WHY WE LOVE WINTER



Winter is a season of quiet magic and natural wonder. It invites us to slow down, look closer and appreciate the beauty in the world around us.



TIME TO SLOW DOWN

Nature rests and we're reminded of the importance of slowing down too.



SPARKS WONDER

Frosty mornings, bare branches and winter skies encourage awe and curiosity.



SUPPORTS WILDLIFE

It's a time to notice, care for and connect with the animals that stay.



PERFECT FOR CONNECTION

Crisp air and cosy moments create space for meaningful time together.



BUILDS RESILIENCE

Winter helps children develop confidence, strength and adaptability.

“ There is beauty in the stillness,
wonder in the waiting. ”





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WINTER SCAVENGER HUNT



Let's explore the wonders of winter together!

Take a slow walk outdoors and see how many things you can find. Look closely, use your senses and enjoy the nature all around you.



A pine cone



Berries on a plant



A bare tree branch



A crunchy leaf



A seed pod



An interesting rock



A bird feather



Animal tracks



Something green



Frost or ice



A bird's nest



Something that makes you smile



*Little
Nature Explorer
Tip*

Take your time,
be gentle with nature
and leave everything
as you found it.



MY FAVOURITE FIND WAS...





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WONDER QUESTIONS



Open-ended questions spark curiosity, deepen connection and inspire little minds.

Use these questions on winter walks, during nature play or quiet moments together.



What do you notice about the world today?



How does winter feel to you?



What colours can you see in nature?



What do you think the birds are doing?



Where do you think this leaf came from?



What sounds can you hear?



How does the air feel on your skin?



What might happen here next?



*Take time to listen,
observe and wonder
together.*





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WINTER ADVENTURES



Embrace the season and make lasting memories outdoors.

Winter is the perfect time to explore, discover and create together. Here are some simple adventures to try this season.



FROSTY EXPLORATIONS

Go on a frosty morning walk and look for ice crystals, frost patterns and chilly treasures.



BIRD SPOTTING

Listen for bird songs and watch for our feathered friends. Can you spot their tracks too?



NATURE ART

Collect natural materials and create beautiful winter art outdoors.



NATURE PICNIC

Pack a warm drink and a snack and enjoy a cosy picnic outside.



TEXTURE HUNT

Find and feel as many different textures as you can in nature.



CLOUD WATCHING

Lay back, look up and see what shapes you can find in the clouds.



Little Adventure Tip

The best adventures don't have to be big. Sometimes the smallest moments become the sweetest memories.





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NATURE INVITATIONS

for home



Bring the beauty of winter indoors.

Simple invitations can spark curiosity, creativity and calm. Here are some ideas to try with your little ones.



NATURE BASKET

Fill a basket with pinecones, leaves, seed pods and feathers for little hands to explore.



LOOSE PARTS PLAY

Offer natural treasures with scoops, bowls and tongs for open-ended sensory play.



WINTER SCENT STATION

Explore seasonal scents like pine, orange, cinnamon or eucalyptus. What can you discover?



NATURE JAR

Collect and display winter treasures in a jar to observe up close.



NATURE JOURNAL TIME

Create, draw or write about your outdoor adventures together.



BIRD FEEDER MAKING

Make a simple bird feeder and watch the visitors arrive.



Little Invitation

Follow your child's lead,
keep it simple and let nature
do the rest.





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WINTER BOOK CORNER

*Stories open hearts,
spark wonder and imagination.*

Snuggle up with these beautiful books inspired by winter, nature and connection.



READING TIPS

-  Choose nature-inspired stories
-  Ask wonder questions as you read
-  Encourage children to retell the story in their own way



WINTER SPOTTING CHALLENGE

How many can you find?

Take this checklist on your next adventure and tick off what you spot!

- | | | | | | |
|---|---------------|--------------------------|---|-------------------|--------------------------|
|  | A pine cone | <input type="checkbox"/> |  | A crunchy leaf | <input type="checkbox"/> |
|  | Berries | <input type="checkbox"/> |  | Animal tracks | <input type="checkbox"/> |
|  | A feather | <input type="checkbox"/> |  | Ice or frost | <input type="checkbox"/> |
|  | A bare branch | <input type="checkbox"/> |  | Something green | <input type="checkbox"/> |
|  | A bird | <input type="checkbox"/> |  | Something sparkly | <input type="checkbox"/> |



Little Grove Explorer Tip

Look closely, be kind to nature, and leave everything just as you found it.





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MY WINTER JOURNAL



A place to notice, wonder and remember.

Use this journal to record your winter discoveries, drawings, thoughts and favourite moments in nature.

There is no right or wrong way to journal – just be you!



TODAY I NOTICED...



I SAW...



DATE: _____

MY FAVOURITE MOMENT





I WONDER...





*Keep your
curiosity close
and your
heart open.*



I DREW...







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REFLECTION & FINAL MESSAGE



*Take a moment to reflect, celebrate
and carry the wonder forward.*

Winter offers us so many quiet gifts. As this guide comes to an end, we hope it has inspired more connection, curiosity and calm in your days.

LOOKING BACK...



What was your favourite thing you discovered in nature this winter?

What moment brought you the most joy?

What did you learn or notice that surprised you?

How did spending time in nature make you feel?

What are you most looking forward to as the seasons change?



*Nature is always
here for us.*

In every season, in every moment, it invites us to slow down, look closer and remember what truly matters.



A FINAL MESSAGE



Thank you for sharing this journey with us.

We hope this guide has encouraged you to embrace the beauty of winter and the magic of learning together outdoors. May your days be filled with wonder, connection and memories that last a lifetime.

With gratitude,

Grace 

FOUNDER, THE LITTLE GROVE LEARNING CO.



KEEP EXPLORING

Every season brings something new. We can't wait to see what you discover next.

See you outside!

